Dixie Development Day
Educating the individual. Unifying the staff.

May 9, 2019 • Gardner Center

8 – 8:30 a.m. Registration
8:30 – 9:30 a.m. Breakfast and Keynote Address
9:40 – 10:30 a.m. Concurrent Breakout Session One
10:40 – 11:30 a.m. Concurrent Breakout Session Two
11:40 a.m. – 12:30 p.m. Concurrent Breakout Session Three
12:30 – 1:30 p.m. Lunch and Activity
1:40 – 3 p.m. Q&A with President’s Cabinet
3 – 3:30 p.m. Snack and Networking
Meaning, Community, and Purpose in Your Career and Leadership
Presented by Tony Tsai, Director of Education Strategy and Leadership Development at the University of Utah School of Medicine

This session will explore the fundamental practices for creating a meaningful career. Participants will learn to apply concepts around meaning, community, and purpose to begin a path of personal transformation. Leaders can apply these concepts towards greater influence and effectiveness in their personal and professional communities.

The Importance of Health & Wellness
Presented by Jamy Dahle, Mental Health Counselor/Outreach Coordinator

This presentation will help attendees understand what mental health is, learn ways to maintain good mental health, identify warning signs of mental health concerns in themselves and others, and acquire a knowledge of prevention and intervention techniques. Most importantly, this session will let individuals know they are not alone and help is available.

Digital Self-Defense
Presented by Andrew Goble, Information Security Officer

In this session, we’ll cover some easy ways to help protect yourself and your personal data from phishers, hackers, and even legitimate companies who want you to hand it over for their own use and profit. Learn how to spot a phish, how to create and manage strong passwords, how to use two-factor authentication, and other tips and tricks for keeping personal information safe and private.

Breaking Down Silos — One Smile at a Time
Presented by Ali Threet, Executive Director of Career Services & Student Success

In this session, participants will be empowered to break down silos across campus, increase collaboration between departments, and improve student success. The divisional lines between faculty and staff will be reduced as we focus on face-to-face interactions and collectively working together to provide a better educational and service-oriented experience for students.
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It’s Never Too Late to Improve your Credit Score and Plan for Retirement
Presented by Kenny Miller, Chief Retail Banking Officer at Cache Valley Bank

We’ve all seen the commercials for credit score monitoring companies, but do you really know what “credit score” means? This session will help you understand credit scores, why they are important, and how to improve yours. Now that you understand the importance of a credit score, it’s time to start planning for retirement. The day when you can leave the office behind for the golf course will arrive sooner or later, so it’s wise to start building up a nest egg now.

Ins and Outs of PEHP
Presented by Justin Seal, PEHP Educator

Deductibles, cash-back opportunities, covered vs. not covered procedures, preferred providers, coordination of benefits — these are all part of the challenge of navigating the medical insurance world. Learn about some of the more complicated parts of PEHP before you’re saying, “I wish I had known…”

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An Introduction to DSU’s Police Department
Presented by DSU Police Chief Blair Barfuss and Sergeant Ron Bridge

Chief Barfuss and Sgt. Bridge will lead a personal discussion about who DSU’s Police Department is, what they do, when to call them, why they exist, and how campus employees can help. They will let the group know what the department is doing to improve and increase services and will finish with a question-and-answer session.

Learn to Live With, Work With and Understand Any Personality Type
Presented by Dr. Jordon Sharp, Chief Marketing & Communication Officer

Applying basic skills to successfully work with all personality types can drastically enhance your personal and professional life. This fun, simple, yet significant session can provide insight and strategies to improve any relationship today.

DSU Benefits Snips & Tips
Presented by Michelle Cabana, Human Resources Coordinator, and Missy Chavez, Human Resources Administrative Assistant

Are you getting everything out of your DSU benefits? We’ll play “Do You Know” to see if there’s something you are missing out on from your complete benefits package, including Dental, Vision, Life Insurance, Tuition Waivers, Worker’s Compensation, and everything else DSU has to offer. Nobody likes leaving money on the table!

APPealing tools for success
Presented by Kayla Coolbear, Social Media & Digital Marketing Specialist

You’ve got some amazing tools right at your fingertips. Learn how to use apps on your phone for collaboration, file sharing, photo editing, and more.